

LADREA R. INGRAM, EdD, CHES, CADC

Curriculum Vitae, 2022

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EDUCATION

- 2017 Columbia University, Teachers College, New York, NY
Ed.D, Health Education and Behavior
Dissertation Title: Toward improving the health and academic outcomes of minority college students: experiences of racism and/or oppression, stress, coping, trauma, depression, anxiety—and predictors of academic achievement and health status. Committee Advisors: Barbara Wallace, Robert Fullilove
- 2017 Columbia University, Teachers College, New York, NY
M.A., Public Health Education
- 2014 George Mason University, Fairfax, VA
M.S., Health and Medical Policy, Concentration: Health Policy Analysis
Capstone Project Title: Barriers to HIV linkage to Care: A Staffing Assessment of Linkage Workers
- 2011 Johns Hopkins University, Baltimore, MD
M.A., Government
Thesis: The road to criminal justice reform in the political arena: Society, justice, and politics.
- 2008 University of North Carolina, Charlotte, Charlotte, NC
B.A., Psychology, Minors Social Work and American Studies

CERTIFICATIONS

Certified Alcohol and Drug Counselor (CADC), North Carolina Addictions Specialist Professional Practice Board (NCASPPB), CADC ID # 27102 (Expires: May 2023)

Certified Health Education Specialist (CHES), The National Commission for Health Education Credentialing, CHES ID # 016652 (Expires: October 2021)

Community Health Promotion, Graduate Certificate, University of North Carolina, Charlotte (Graduation Date: 2009)

ACADEMIC APPOINTMENTS

- 2022-present **Consultant**, Atrium Wake Forest School of Medicine, Maya Angelou Center for Health Equity (MACHE), Winston Salem, NC
- 2022-present **Research Associate Scientist (Research Faculty)**, Yale University, School of

Public Health, Department of Social and Behavioral Sciences (SBS), New Haven, CT

- 2018-present **Implementation Science Affiliate Faculty**, Yale University Center for Interdisciplinary Research on AIDS (CIRA), New Haven, CT
- 2019-2022 **Assistant Professor Adjunct**, Yale University, School of Public Health, Department of Social and Behavioral Sciences (SBS), New Haven, CT
- 2017-2019 **Postdoctoral Fellow**, SC Smartstate Center for Healthcare Quality (CHQ), Department of Health Promotion, Education, and Behavior, Arnold School of Public Health, University of South Carolina, Columbia, SC
- 2014-2017 **Predoctoral Fellow**, Research Group on Disparities in Health, Department of Health Behavior Studies, Teachers College, Columbia University, New York, NY
- 2013-2014 **Deputy Director/Research Associate**, Milken Institute School of Public Health, George Washington University, Merck Foundation HIV Care Collaborative, Washington, DC

SELECTED FELLOWSHIPS

- 2018-2019 **Visiting Faculty Fellow**, Yale University Center for Interdisciplinary Research on AIDS (CIRA) Research Education Institute for Diverse Scholars (REIDS), New Haven, CT
- 2012 **Junior Service Fellow**, Agency for Healthcare Research & Quality (AHRQ), Office of Extramural Research, Education and Priority Populations
- 2010 **Community Health Promotion Fellow**, African American Coalition Against AIDS (AACAA)

HONORS & AWARDS

- 2022 Distinguished Black Alumni Honoree, Columbia University, Teacher's College
- 2020 Key Engagement Award Program (KEAP) Award, Atrium Health
- 2019 Values in Action Award for Teamwork, Atrium Health
- 2018-2019 Research Education Institute for Diverse Scholars (REIDS), Yale School of Public Health
- 2016-2017 Distinguished Pre-Doctoral Fellow, Research Group on Disparities in Health, Teachers College, Columbia University

- 2016-2017 General Mills Health Scholar, General Mills, and Congressional Black Caucus
- 2016 Provost's Award for Professional Development. University Office of the Provost. Teachers College, Columbia University.
- 2016 Travel Award, 14th Annual Disparities in Health in America Workshop, Health Disparities, Education, Awareness, Research & Training (HDEART) Consortium
- 2016 30 under 30 Honoree, Charlotte Mecklenburg Black Chamber of Commerce
- 2015 Athletic Hall of Fame Inductee, Lockport New York School District & Athletic Association
- 2007-2008 Athletic Directors' Award, University of North Carolina at Charlotte
- 2005-2008 Athletic Scholarship, University of North Carolina at Charlotte
- 2004-2005 Full Athletic Scholarship, Seton Hall University

RELATED PROFESSIONAL APPOINTMENTS

Federal Government

- 2015 **Clinical Research Coordinator/Oncology**, Veterans Health Administration Research and Academic Affairs, Salisbury, NC
- 2011 **Environmental Protection Assistant (STEP)**, The United States Environmental Protection Agency, Office of Water, Oceans and Watersheds (OWOW), Washington, DC

State/County Government

- 2011-2012 **Community Health Specialist**, Fairfax County Health Department, Patient Care Services & Communicable Disease Unit, Fairfax, VA
- 2010 **Research Analyst Intern**. Association of State and Territorial Health Officials (ASTHO), Immunization Policy and Infectious Disease, Arlington, VA.

Non-Profit

- 2018-2022 **Data Scientist**, Information and Analytics Services, Clinical Analytics and Clinical Quality Informatics, Atrium Health, Charlotte, NC (2021-2022)
- Senior Health Services Researcher**, Information and Analytics Services, Clinical Analytics and Clinical Quality Informatics, Atrium Health, Charlotte, NC (2018-2021)

2015-Present **Founder/Academic Board Member**, ProjectiGive, Inc., Charlotte, NC

2009-2010 **Prevention Program Co-Facilitator (Contractor)**. Carolinas Care Partnerships (formally HIV/AIDS Consortium), Charlotte, NC

Private Practice/Consultation

2017-Present **Owner/Founder**, La Dream Institute, LLC, Charlotte, NC

GRANTS

In Review

2023-2028 NIAAA Racial Equity Visionary Award DP1. Operationalizing Spiritual Data Science and Predictive Modeling in System Change: Building A National Model of Faith-Based Addiction Science in Health Equity Development. **Role: PI**

Role PI

Current

2023-2024 Yale University Center for Interdisciplinary Research on AIDS (CIRA). Transformational Implementation Science and Health Equity: Development of a digital online communal space for the “We Lift Us” Community. **Role: PI**

2021-2023 NIAAA Administrative Diversity Supplement in Health Disparities Research. Identifying high-risk situations through human spatial behavior and cognitive developmental cues and triggers in relapse prevention. **Role: PI**

2021-2023 NIH Loan Repayment Program. Multilevel Assessment of Biopsychosocial Contextual Factors in Health Outcomes. National Institute of Minority Health and Health Disparities (NIMHD). **Role: LRP Scholar/Awardee.**

2020-2023 NIMH R25 Pilot Grant (R25-MH08721-Pilot). The development of a culturally tailored intergenerational triad intervention to reduce substance abuse, and improve psychological wellness, and sexual health outcomes in African American women with adverse childhood experiences. **Role: Pilot PI.** Award Amount: \$20,000

Completed

2018-2019 University of South Carolina, Office of the Vice President of Research. “HIV Stigma-Related Trauma” in African American HIV-Positive Women: A mixed-method approach to measure development. PI: Alyssa Robillard. **Role: Co-I.** Award Amount: \$15,000

- 2018-2019 University of South Carolina, Office of the Vice President of Research. A life-course approach to examining the intersections of Adverse Childhood Experiences (ACEs), race/ethnicity, and intergenerational trauma in young African American women living with HIV. **Role: PI.** Award Amount: \$5,000
- 2017-2018 NIH/NICHD 1U19HD089875-01. Adolescent Trials Network (ATN)-Effectiveness-implementation research to enhance HIV-related self-management among youth. Exploratory, Preparation, Implementation, Sustainment (EPIS) Project. MPIs: Stanton, Naar, Parsons. **Role: Post-Doctoral Fellow, Implementation Science and Analytic Core**
- 2018 Ryan White Part B: Client Needs Assessment. Health Resource and Services Administration (HRSA). Subcontract from the Palmetto Health-USC Medical Group. **Role: Post-Doc Consultant.** Award Amount: \$4,000
- 2016-2017 Teachers College, Columbia University. Grant in Aid Full Tuition Grant. Award Amount: \$9,000
- 2016-2017 General Mills & Congressional Black Caucus. General Mills Health Scholars Grant. Award Amount: \$2,000
- 2014-2017 Teachers College, Columbia University. Doctoral Student Minority Grant Award Amount: \$5,000
- 2016 University Office of the Provost. Teachers College, Columbia University. Provost Doctoral Dissertation Grant (DDG). Competitive merit-based grant awarded to doctoral students completing a dissertation. **Role: PI.** Award Amount: \$6,250
- 2014-2015 Evaluation of a sports-based HIV prevention program for at-risk adolescents in Washington, DC. Contract from The Grassroots Project (TGP), Athletes United for Social Justice. PI: Rick Zimmerman **Role: Consultant/Research Associate.** Award Amount: \$6,000 (contractual award amount)

RESEARCH SCHOLARSHIP

Peer-Reviewed Publications

1. Melendez-Torres, GJ., Spencer, T., **Ingram, L**, Pettengill, R., Mullman, M., Otterbein, M., Stein, R., Kilburn, C., Salihbaeva, O., Zimmerman, R (2020). A quasi-experimental evaluation of The Grassroot Project, a sport-based intervention for sexual health and HIV prevention in urban middle schoolers. *American Journal of Sexuality Education*
2. Leblanc, N, Alexander, K, Carter, S, Crean, H, **Ingram, L**, Kobie, J, McMahon, J (2020). The Effects of Trauma, Violence, and Stress on Sexual Health Outcomes Among Female Clinic Clients in a Small Northeastern US Urban Center. *Women's Health Reports*
3. Qiao, S., **Ingram, L.**, Li, X., Weissman, S (2020). Perceptions of functional wellness in

women living with HIV in South Carolina, United States: Voices from both patients and providers. *AIDS Care*

4. Haider, R., Brown, M., Harrison, S., Yang, X., **Ingram, L.**, Bhoohibhoya, A., Hamilton, A., Olatosi, B., Li, X (2020). Sociodemographic factors affecting viral load suppression among people living with HIV in South Carolina. *AIDS & Behavior*
5. S Naar, MG Hudgens, R Brookmeyer, A Carcone, J Chapman, S Chowdhury, A Ciaranello, WS Comulada, S Ghosh, KJ Horvath, **L Ingram**, S LeGrand, CJ Reback, K Simpson, B Stanton, T Starks, D Swendeman (2019). Improving the Youth HIV Prevention and Care Cascades: Innovative Designs in the Adolescent Trials Network for HIV/AIDS Interventions. *AIDS Patient Care and STDs*
6. Ritchwood, T.D., Ba, A., **Ingram, L.**, Atujuna, M., Marcus, R., Oduro, A., Ntlopo, N., & Bekker, L.G (2019). Community perspectives of South African adolescents' experiences seeking treatment at local HIV clinics and how such clinics may influence engagement in the HIV treatment cascade: A qualitative study. *AIDS Care*
7. Qiao, S., **Ingram, L.**, Li, X., Deal, M (2019). Resilience resources among African American women living with HIV in the Deep South. *AIDS*
8. **Ingram, L.**, Stafford, C., Deming, M.E., Anderson, J.D., Robillard, A., Li, X (2019). A systematic mixed studies review of the intersections of social-ecological factors and HIV stigma in people living with HIV in the U.S. South. *Journal of the Association of Nurses in AIDS Care*
9. **Ingram, L.**, Qiao, S. Li, X., Deal, M (2018). The inner working of trauma: A qualitative assessment of experiences of trauma, intergenerational family dynamics, and psychological well-being in HIV-positive women in South Carolina. *Journal of Psychosocial Nursing and Mental Health Services*
10. **Ingram, L.**, Wallace, B (2018). "It Creates Fear and Divides Us:" Minority College Students' Experiences of Stress from Racism, Coping Responses, and Recommendations for Colleges. *Journal of Health Disparities Research and Practice*
11. Deming, M.E., Bhoohibhoya, A., **Ingram, L.**, Stafford, C., Li, X (2018). Global HIV/STI interventions targeting women who experience forced sex: A systematic review. *Health Care for Women International*,
12. **Ingram, L.**, Drew-Branch, V (2017). Taking what we have and making what we need: Utilizing Natural Helping Support Networks to decrease self-directed violence among Adolescents of Color. *Journal of Family Strengths*

Manuscripts Under Review

13. Rusk, C., Durante, A., **Ingram, L.** Fathering While Black: A Systematic mixed studies review of African American fatherhood involvement and intervention strategies in the United States. *Journal of Family Studies*.

Manuscripts in Preparation

14. De Jesus, A.D., Nam, E., **Ingram, L.** A systematic review of the intergenerational transmission of trauma within familial triads of African American women in the U.S. Deep South. *Journal of Traumatic Stress*

Peer-Reviewed Presentations

- 2020 Smith, C., **Ingram, L.**, Love, P. The Journey Towards Mental Health Equity in African American Women: Moving from Discussion to Action through Social Work Practice. Oral Presentation. National Association of Social Workers (NASW). Clinical Social Work Institute, Wilmington, NC, May 2020.
- 2019 Bond, K., Flores, D., Williams, P., **Ingram, L.**, Abbouds, S., Leonard, N. Young Black Women's Sexual Socialization in the Home: Implications for Sexual Health and Comprehensive Sex Education for PREP Utilization among Youth. Oral Presentation. American Public Health Association 2018 Annual Meeting & Expo. Philadelphia, PA. November 2019.
- 2019 **Ingram, L.** Moving beyond Minority Stress in College Students through an Action-Oriented Agenda: Resources for Colleges and Universities Servicing Minority Students. American Academy of Health Behavior (AAHB) Annual Conference, Greenville, SC. March 2019.
- 2019 **Ingram, L.**, Stafford, C., Deming, M., Anderson, J.D. The interplay between HIV Stigma and Social-Ecological Factors and Contributing Health Outcomes in the Deep South. American Academy of Health Behavior (AAHB) Annual Conference, Greenville, SC. March 2019.
- 2018 **Ingram, L.**, Richardson, S., Parham-Patterson, B. Aligning for Health Equity and Social Justice: The Southeastern Social Justice Alliance (SSJA). Oral Presentation. American Public Health Association 2018 Annual Meeting & Expo. San Diego, CA. November 2018.
- 2017 **Ingram, L.**, Qiao, S., Deal, M. Intergenerational family dynamics in minority WLH. A Paradigm Shift: The Impact of HIV/AIDS on African American Women and Families Conference. Morehouse, Atlanta, GA. November 2-3, 2017.
- 2017 Spencer, T, Zimmerman, R., **Ingram, L.** Results of a cluster-randomized trial evaluating the effectiveness of a sports-based HIV prevention program for at-risk adolescents in Washington, DC Schools. Society for Prevention Research (SPR). Washington, D.C. May 2017.
- 2016 **Ingram, L.** Academic enrichment in low-income communities through the integration of social adversity coping strategies in a high school college readiness iScholar seminar: A program evaluation. International Conference on Urban Education (ICUE). San Juan, Puerto Rico. November 2016.
- 2016 **Ingram, L.** Breaking silos of depression: Assessment and intervention resource guide for

depression in African American women. 14th Annual Disparities in Health in America Workshop. Houston, TX, June 2016.

Academic Presentations

- 2022 *Navigating Spaces as Translational Leaders in Community-Based Organizations and Academic Institutions*. Yale University, Social Behavioral Sciences Seminar Series, September 20, 2022
- 2021 *Data Proof: Understanding and Reflecting on Healthcare Data with a Health Equity Lens*. Seminar. Charlotte Area Health Education Center (AHEC), January 27, 2021.
- 2019 *Suicide, and the African American Community*, Fayetteville Veteran Administration Coastal Health Care System Annual Suicide Conference, Fayetteville, NC (December 2019)
- 2018 *Ethical and Cultural Considerations of a Peer Ethnographic Approach to Qualitative Research: A HIV Dyadic Study “Mother-Daughter” Semi-Structured Interview Protocol Review*. Yale University School of Public Health, Center for Interdisciplinary Research on AIDS (CIRA), Interdisciplinary Research Methods (IRM) Core, Qualitative Research Discussion Group (Fall 2018)
- 2018 *Transitioning from a Doctoral Student to a Post-Doctoral Fellow*, Panelist, Junior Scholars Program, University of South Carolina School of Public Health, SC SmartState Center for Healthcare Quality, Columbia, SC (Fall 2018)

Community Presentations

- 2021 *Let “Us” Mobilize for Change*, Keynote Address, Lockport Community Walk (June 2021)
- 2021 *Rooted in Black history*, Lockport Community Trailblazer Program, Moderator, (February 2021)
- 2020 *Rooting out injustice piece by piece*, Lockport Community Forum, Panel Facilitator, (October 2020)
- 2020 *Surviving the dual pandemic: COVID-19 & historical trauma in communities of color*. Community FaithWorks, Care Response Team Broadcast, Guest Speaker, (June 2020)
- 2020 *Lockport City Schools Community School Board Representatives*, Townhall Meeting, Panel Facilitator (April 2020)
- 2015 *“You are Greatness: A Survivor in Action”* Keynote Address, For Our Daughters 4th Annual Gala, Buffalo, NY (October 2015)
- 2015 *Discovering your purpose in and out of athletics*, Keynote Address, Inspirational Huddle

Conference, Charlotte, NC (August 2015)

Media Appearances

2021 Banks, Lindsey (2021, July). ProjectiGive hosts inaugural Social Justice Olympics Summit.

Joe, Benjamin (2021, June). Mobilizing for change. Lockport Union Sun and Journal.

Joe, Benjamin (2021, June). Hodge memorial walk on Thursday, Lockport Union Sun and Journal.

2017 **Ingram, L.** (2017, September). I made it, now what: A lesson of survivorship. Upfront TV Magazine.

TEACHING EXPERIENCE

Academic Instruction

2023 Instructor, Evidenced-Based Decision-Making in Public Health, MPH required course, 50 students

2021 Guest Lecturer, Breakthrough Clinicians, and Social Work Innovators, Winthrop University, School of Social Work, Master of Social Work (Spring 2021), 15 students

2018 Guest Lecturer, Leveraging Participatory Action Research (PAR) to Promote Health Equity, University of South Carolina, Arnold School of Public Health, Master of Public Health, HPEB 710 (Fall 2018), 24 students

2018 Instructor Assistant, JP710 Evaluation of Health Promotion Programs, University of South Carolina, Arnold School of Public Health, Master of Public Health, (Spring 2018), 5% effort, 25 students

Community Instruction

2015-2019 Invited Lecturer, *Capstone Speakers Series*, New Jersey Seeds Middle School (Summer 2015, Summer 2016, Summer 2019)

2012 Instructor, *Ministry of Church Nursing: Role of the Black Church in Health Promotion* (self-designed course), Commission on Educational Congress, Northern Virginia Baptist Association Christian School (Summer 2012)

2012 Workshop Facilitator, *Coping with Youth Issues: Death, Bullying and, Peers Interactions*, Lockport New Beginnings, Summer Youth Enrichment Program (SYEP) class (July 2012)

2009-2010 Workshop Facilitator, *Sisters Informing Sisters About Topics on Aids (S.I.S.T.A.)*.

CDC's Diffusion of Effective Behavioral Interventions project. (2009, 2010)

RESEARCH & CAREER MENTORING

Undergraduate Students

- 2016-2020 DeAsia Rhyne, Bennet College, iRise Fellow, ProjeciGive mentoring program
- 2016-2020 Daneisha Johnson, South Carolina State University, iRise Fellow, ProjeciGive mentoring program
- 2016-2020 Kailon Torrence, Spellman College, iRise Fellow, ProjeciGive mentoring program

Graduate Students

- 2022-present Alexander Duarte, Yale University School of Public Health, Social Justice Scholars Program
- 2022-present Aliyah De Jesus, Yale University School of Public Health, Social Justice Scholars Program
- 2022-present Esthel Nam, Yale University School of Public Health, Social Justice Scholars Program
- 2022-present Caroline Rusk, North Carolina State University, Social Justice Scholars Program
- 2016- present Shami-Iyabo K. Mitchell, UCLA School of Medicine, iRise Fellow, ProjeciGive mentoring program
- 2020-2022 Maya Dennis, Yale University School of Public Health, FAM-EH Lab
- 2018- 2021 Karastin Hughes, Emory University, Rollins School of Public Health

Professional Development

- 2021-2022 Alexandra Yarnovski, Charlotte Area Health Education Center (AHEC)
- 2021-2022 Courtney Rosenthal, Nursing Research Fellow, CMC, Atrium Health

PROFESSIONAL SERVICE & AFFILIATIONS

Atrium Health Service

- 2022- *Implementation Science Search Committee*, Atrium Wake Forest School of Medicine
- 2021-2022 *Research and Statistical Consultant, CMC Nursing Research Council Subcommittee*, Atrium Health

- 2020-2022 *Diversity and Inclusion System Resource Groups Leaders Roundtable, Atrium Health*
- 2020-2022 *Chair, IAS Diversity, Equity and Inclusion Council, Atrium Health*
- 2020-2022. *Charlotte AHEC Scholars Regional Advisory Committee, Atrium Health*
- 2020 *COVID-19 Disparities Report Team, Atrium Health*
- 2019-2022 *Nursing Integration Council, Atrium Health*
- 2019-2022 *NDNQI Steering Committee, Atrium Health*

University Service

- 2018-2019 *Leadership and Planning Committee, University of South Carolina, SC SmartState Center for Healthcare Quality, Junior Scholars Program*
- 2018-2019 *Treasure and Outreach Committee Lead, University of South Carolina Postdoctoral Association*
- 2017-2018 *Chair, Post-Doctoral Writing Group, SC SmartState Center for Health for Healthcare Quality*
- 2016-2017 *Doctoral Student Committee Member, Teachers College, Columbia University, Department of Health Education*

Affiliations

- 2018-present *Affiliate, Qualitative Research Discussion Group, Yale University School of Public Health, Center for Interdisciplinary Research on AIDS (CIRA), Interdisciplinary Research Methods (IRM) Core*
- 2019-present *Co-Founder/Affiliate, Research Group on Disparities in Health (RGDH) Alumni and Peer Mentoring Alliance, Columbia University*
- 2018-present *Affiliate, American Public Health Association (APHA)*
- 2017-present *Founder/Affiliate, Southeastern Social Justice Alliance (SSJA)*
- 2016-present *Affiliate, Health Disparities, Education, Awareness, Research & Training (HDEART) Health Equity Scholars & Alumni (HESA) Network*
- 2016-present *Affiliate, NC Women of Color Research Network Affiliates (NC WoCRn)*
- 2016-present *Affiliate, NIH, Women of Color Research Network Affiliates (WoCRn)*

Journal/Editorial Service

2018-present	<i>Aids Care</i> , Ad Hoc Reviewer
2018-present	<i>Aids</i> , Ad Hoc Reviewer
2018-present	<i>Plus One</i> , Ad Hoc Reviewer
2017-present	<i>Journal of Family Strengths</i> , Ad Hoc Reviewer